

Week One

19 Feb • 12 Mar • 16 Apr • 7 May
4 Jun • 25 Jun • 16 Jul

- Barbecue chicken fillet
- Quorn dippers ✓
- Quorn burger in a bun ✓

Baked potato wedges, sweetcorn, broccoli, salad selection

Cookie or yoghurt or fresh fruit

- Lamb grill in a bun
- Cheese & tomato pizza ✓
- Cheesy pasta ✓

Potato salad, coleslaw, peas, salad selection

Selection of cold desserts or yoghurt or fresh fruit

- Chicken, bacon & sweetcorn pie
- Summer roasted vegetable pasta with garlic bread ✓
- Jacket potato with a choice of filling

Mashed potato, green beans, carrots, salad selection

Fruit salad with mini shortbread, or yoghurt or fresh fruit

- Pork roast with stuffing
- Veggie pasty ✓
- Veggie ball sub ✓

Roast potatoes, seasonal vegetables, salad selection

Selection of yoghurts or fresh fruit

- Crispy cod
- Veggie sausages ✓
- Cheese & tomato French-bread pizza ✓

Chipped potatoes, peas, baked beans, salad selection

Berry & apple muffin or yoghurt or fresh fruit

Week Two

26 Feb • 19 Mar • 23 Apr • 14 May
11 Jun • 2 Jul

- Sausage roll
- Veggie Bolognese with pasta ✓
- Jacket potato with a choice of filling

Potato waffles, sweetcorn, broccoli, salad selection

Fruit sponge, yoghurt or fresh fruit

- Bubble-crumb salmon
- Cheese & tomato pizza ✓
- Pasta Napoli ✓

Pasta salad, coleslaw, peas, salad selection

Ice cream/iced-fruit smoothie, or yoghurt or fresh fruit

- Chicken curry
- Baked Spanish omelette ✓
- Quorn pattie in a bun ✓

Rice, seasonal vegetables, salad selection

Chocolate & pear brownie or yoghurt or fresh fruit

- Beef roast
- Veggie balls in gravy ✓
- Chicken wrap

Roast potatoes, cabbage, carrots, salad selection

Selection of yoghurts or fresh fruit

- Fish cake
- Quorn dippers with a selection of sauces ✓
- Cheese ploughman's ✓

Chipped potatoes, peas, baked beans, salad selection

Fruit cookie or yoghurt or fresh fruit

Week Three

5 Mar • 26 Mar • 30 Apr • 21 May
18 Jun • 9 Jul

- Summer chicken pasta with garlic bread
- Sweet potato and lentil curry with rice ✓
- BLT wrap

Seasonal vegetables, salad selection

Chocolate sponge with chocolate sauce, or yoghurt or fresh fruit

- Mexican fajita
- Cheese & tomato pizza ✓
- Fish goujons

Baked potato wedges, coleslaw/sweetcorn, salad selection

Fruit cheesecake or yoghurt or fresh fruit

- Pork sausages with gravy
- Veggie enchilada ✓
- Quorn burger ✓

Mashed sweet/plain potato, baked beans, salad selection

Cold dessert selection or yoghurt or fresh fruit

- Chicken roast with stuffing
- Vegetarian sausage turnover ✓
- Roasted vegetable wrap ✓

Roast potatoes, broccoli, carrots, salad selection

Selection of yoghurts or fresh fruit

- Fish fingers
- Macaroni cheese with garlic bread ✓
- Sweet potato falafels with yoghurt & mint ✓

Chipped potatoes, peas, salad selection

Tropical flapjack or yoghurt or fresh fruit

Free From
 Controversial additives, sweeteners, colouring, and artificial trans fats

Seasonal
 Our menus are designed to make the best use of local, seasonal ingredients

Sustainable
 We never use fish on the Marine Conservation Society fish to avoid list

Did you know?
 All of the jelly that we serve is vegetarian!

W/C

Monday Tuesday Wednesday Thursday Friday